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Contents

News

Reports

NICE Guidelines

Research Articles

Addictions

ADHD/Autism

Anxiety Disorders

Child and Adolescent Mental Health

Dementia

Depressive Disorders

Dual Diagnosis

Eating Disorders

Forensic Psychiatry

Learning Disabilities

Occupational Therapy

Perinatal and Infant Mental Health

Personality Disorders

Psychology and Psychotherapy

Psychopharmacology

Schizophrenia/Psychosis

Service Development and Delivery

Self-harm and Suicide

Social Work

News Headlines

Action not words needed to reverse mental health inequalities in England, says landmark report

Stress and depression doubles in Suffolk due to Covid-19

Covid-19: Nearly 20% of patients receive psychiatric diagnosis within three months of covid, study finds

Spending Review: Chancellor to announce £500m for mental health

Reports

Coronavirus (COVID-19) Review: data and analysis, March to October 2020 - Impact on mental health

Office for National Statistics, November 2020

NHS Library and Knowledge Services Value Proposition: The Gift of Time

Health Education England, November 2020

Commissioning equality in mental health

Department of Health and Social Care, November 2020

How has Covid-19 and the associated lockdown measures affected mental health and wellbeing in the UK?

What Works Wellbeing, November 2020

Guidance on the support of mental health social workers working in NHS, independent or integrated services

Health Education England, November 2020

Mental health for all?

Commission for Equality in Mental Health, November 2020

Deaths of people identified as having learning disabilities with Covid-19 in England in the spring of 2020

Public Health England, November 2020

Staying mentally well: winter plan 2020 to 2021

Department of Health and Social Care, November 2020

NICE Guidelines

Nothing new this month in mental health and social care

Research Articles

Addictions

Behaviour change techniques associated with smoking cessation in intervention and comparator groups of randomized controlled trials: a systematic review and meta-regression

Addiction, 115:11 (2020)

Cost-effectiveness of a specialist smoking cessation package compared with standard smoking cessation services for people with severe mental illness in England: a trial-based economic evaluation from the SCIMITAR+ study

Addiction, 115:11 (2020)

[Return to the top](#)

ADHD/Autism

The relationship between intolerance of uncertainty and anxiety in autism: A systematic literature review and meta-analysis

Autism, 24:8 (2020)

Environmental risk factors, protective factors, and peripheral biomarkers for ADHD: an umbrella review

The Lancet Psychiatry, 7:11 (2020)

[Return to the top](#)

Anxiety Disorders

Nothing new this issue

[Return to the top](#)

Child and Adolescent Mental Health

The role of emotion regulation in socially anxious children and adolescents: a systematic review

[Return to the top](#)

Dementia

Post-traumatic stress disorder as a risk factor for dementia: systematic review and meta-analysis

The British journal of Psychiatry, 217:5 (2020)

[Return to the top](#)

Depressive Disorders

Interactions of childhood maltreatment and genetic variations in adult depression: A systematic review

Journal of Affective Disorders, Volume 276 (2020)

Consumption of energy drinks is associated with depression, anxiety, and stress in young adult males: Evidence from a longitudinal cohort study

Depression and Anxiety, 37:11 (2020)

[Return to the top](#)

Dual Diagnosis

Nothing new this issue

[Return to the top](#)

Eating Disorders

Comorbid depression as a negative predictor of weight gain during treatment of anorexia nervosa: A systematic scoping review

European Eating Disorders Review, 28:6 (2020)

Outcomes of brief and enhanced cognitive-behavioural therapy for adults with non-underweight eating disorders: A non-randomized comparison

European Eating Disorders Review, 28:6 (2020)

Telehealth transition in a comprehensive care unit for eating disorders: Challenges and long-term benefits

International Journal of Eating Disorders, 53:11 (2020)

Targeting maladaptive overcontrol with radically open dialectical behaviour therapy in a day programme for adolescents with restrictive eating disorders: an uncontrolled case series

Journal of Eating Disorders, 8:68 (2020)

[Return to the top](#)

Forensic Psychiatry

PRN Medication Events in a Forensic Psychiatric Hospital: A Document Analysis of the Prevalence and Reasons

International Journal of Forensic Mental Health, 19:4 (2020)

The forgotten families; a systematic literature review of family interventions within forensic mental health services

Journal of Forensic Psychiatry & Psychology, 31:6 (2020)

[Return to the top](#)

Learning Disabilities

Effectiveness of a life story intervention for adults with intellectual disability and depressive and trauma-related complaints

Journal of Applied Research in Intellectual Disabilities, 33:6 (2020)

Psychotropic medications use and side effects of individuals with intellectual and developmental disabilities

Journal of Intellectual Disability Research, 64:11 (2020)

Troubled beginnings: the adverse childhood experiences and placement histories of a detained adolescent population with developmental disorders

Advances in Mental Health and Intellectual Disabilities, 14:6 (2020)

Assessing the effectiveness of the “I Can Feel Good” programme mindfulness module for a group of detained intellectually disabled patients

Advances in Mental Health and Intellectual Disabilities, 14:6 (2020)

[Return to the top](#)

Occupational Therapy

Activity Participation and Inpatient Violence in Secure Mental Health

Occupational Therapy in Mental Health, 36:4 (2020)

[Return to the top](#)

Perinatal and Infant Mental Health

Omega-3 Fatty Acid Supplementation for Perinatal Depression: A Meta-Analysis

Journal of Clinical Psychiatry, 81:5 (2020)

Accuracy of the Edinburgh Postnatal Depression Scale (EPDS) for screening to detect major depression among pregnant and postpartum women: systematic review and meta-analysis of individual participant data

BMJ, 371 (2020)

Post-discharge outcomes for mothers and the mother–infant relationship following admission to a psychiatric Mother–Baby Unit

Infant Mental Health Journal, 41:6 (2020)

Predicting postpartum psychiatric admission using a machine learning approach

Journal of Psychiatric Research, Volume 130 (2020)

Effectiveness of peer support intervention on perinatal depression: A systematic review and meta-analysis

Journal of Affective Disorders, Volume 276 (2020)

[Return to the top](#)

Personality Disorders

Impact of co-morbid personality disorder on quality of inpatient mental health services for people with anxiety and depression

Personality and Mental Health, 14:4 (2020)

[Return to the top](#)

Psychology and Psychotherapy

Adverse events in meditation practices and meditation-based therapies: a systematic review

Acta Psychiatrica Scandinavica, 142:5 (2020)

Exploring Mechanisms of Action in Exposure-Based Cognitive Behavioral Therapy for Eating Disorders: The Role of Eating-Related Fears and Body-Related Safety Behaviors

Behavior Therapy, 50:6 (2020)

[Return to the top](#)

Psychopharmacology

Nothing new this issue

[Return to the top](#)

Schizophrenia/Psychosis

Negative Symptoms and Functioning in Youth at Risk of Psychosis: A Systematic Review and Meta-analysis

Harvard Review of Psychiatry, 28:6 (2020)

mHealth for schizophrenia spectrum disorders management: A systematic review

International Journal of Social Psychiatry, 66:7 (2020)

[Return to the top](#)

Self-harm and Suicide

Predictors of serious suicidal behavior in late-life depression

European Neuropsychopharmacology, Volume 40 (2020)

“These Things Don’t Work.” Young People’s Views on Harm Minimization Strategies as a Proxy for Self-Harm: A Mixed Methods Approach

Archives of Suicide Research, 24:3 (2020)

[Return to the top](#)

Service Development and Delivery

Interventions to support the resilience and mental health of frontline health and social care professionals during and after a disease outbreak, epidemic or pandemic: a mixed methods systematic review

Cochrane Database of Systematic Reviews, November 2020

[Return to the top](#)

Social Work

Nothing new this issue

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