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## News Headlines

Scottish researchers find 100 genes linked to depression

Dementia risk factors not known by half of population

Cannabis use in teens linked to depression

Children 'failed in first 1,000 days', says MPs

Why growing up surrounded by green space is good for your health

Radical Parkinson's treatment tested in patients

Autism-anorexia link 'must be acted on'

New report reveals huge gaps in mental health research funding

Adolescent health: Teens 'more depressed and sleeping less'

CQC finds improvements in use of the Mental Health Act but remains concerned about safety

Mental health and wellbeing support for NHS staff: government pledges overhaul

## Reports

### Monitoring the Mental Health Act report

*Care Quality Commission, February 2019*

## **My Health, Our Future: Understanding Children and Young People's Mental Health in Suffolk**

*Healthwatch Suffolk, February 2019*

## **Mental Health and the Armed Forces, Part Two: The Provision of Care**

*Defence Committee, February 2019*

## **Dementia 2020 challenge: progress review**

*Department of Health and Social Care, February 2019*

## **NHS Staff and Learners' Mental Wellbeing Report**

*NHS Staff and Learners' Mental Wellbeing Commission, February 2019*

## **The NHS long-term plan explained**

*The King's Fund, January 2019*

# **NICE Guidelines**

## **Opioid dependence: buprenorphine prolonged-release injection (Buvidal)**

*Evidence Summary (ES19), February 2019*

## **Child abuse and neglect**

*Quality Standard (QS179), February 2019*

# **Research Articles**

## **Addictions**

### **Impact of timing of methadone initiation on perinatal outcomes following delivery among pregnant women on methadone maintenance therapy in Ontario**

*Addiction, 114:2 (2019)*

### **Trends and patterns in UK treatment seeking gamblers: 2000–2015**

*Addictive Behaviors, 89 (2019)*

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## **ADHD/Autism**

### **The association between socioeconomic status and autism diagnosis in the United Kingdom for children aged 5–8 years of age: Findings from the Born in Bradford cohort**

*Autism, 23:1 (2019)*

### **How pupils on the autism spectrum make sense of themselves in the context of their experiences in a mainstream school setting: A qualitative metasynthesis**

*Autism, 23:1 (2019)*

### **A systematic review of ayres sensory integration intervention for children with autism**

*Autism Research, 12:1 (2019)*

### **A Randomised Controlled Trial of an Information Communication Technology Delivered Intervention for Children with Autism Spectrum Disorder Living in Regional Australia**

*Journal of Autism and Developmental Disorders, 49:2 (2019)*

### **Review: Yoga and mindfulness for youth with autism spectrum disorder: review of the current evidence**

*Child and Adolescent Mental Health, 24:1 (2019)*

### **Does methylphenidate improve academic performance? A systematic review and meta-analysis**

*European Child & Adolescent Psychiatry, 28:2 (2019)*

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## Anxiety Disorders

### **Association of age and gender with anxiety disorders in older adults: A systematic review and meta-analysis**

*International Journal of Geriatric Psychiatry, 34:3 (2019)*

### **The relationships between health anxiety, online health information seeking, and cyberchondria: Systematic review and meta-analysis**

*Journal of Affective Disorders, Volume 245 (2019)*

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## Child and Adolescent Mental Health

### **Serotonin and aggressive behaviour in children and adolescents: a systematic review**

*Acta Psychiatrica Scandinavica, 139:2 (2019)*

### **The effect of a youth mental health service model on access to secondary mental healthcare for young people aged 14–25 years**

*BJPsych Bulletin, 43:1 (2019)*

### **Physical exercise in Tourette syndrome – a systematic review**

*Child and Adolescent Mental Health, 24:1 (2019)*

### **Mindfulness-based stress reduction for mental health in youth: a cluster randomized controlled trial**

*Child and Adolescent Mental Health, 24:1 (2019)*

### **Efficacy of individualized social competence training for children with oppositional defiant disorders/conduct disorders: a randomized controlled trial with an active control group**

*European Child & Adolescent Psychiatry, 28:2 (2019)*

### **Meta-Review: Network Meta-Analyses in Child and Adolescent Psychiatry**

*Journal of the American Academy of Child & Adolescent Psychiatry, 58:2 (2019)*

### **Clinicians' attitudes toward standardized assessment and diagnosis within child and adolescent psychiatry**

*Child and Adolescent Psychiatry and Mental Health, 13:9 (2019)*

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## Dementia

### **Cost-effectiveness analysis of English memory assessment services 2 years after first consultation for patients with dementia**

*International Journal of geriatric Psychiatry, 34:3 (2019)*

### **Effect of Intensive vs Standard Blood Pressure Control on Probable Dementia: A Randomized Clinical Trial**

*JAMA, 321:6 (2019)*

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## Depressive Disorders

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## Dual Diagnosis

Nothing new this issue.

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## Eating Disorders

**Updates in the treatment of eating disorders in 2018: A year in review in *eating disorders: The Journal of Treatment & Prevention***

*Eating Disorders: The Journal of Treatment & Prevention, 27:1 (2019)*

**Efficacy of psychotherapy for bulimia nervosa and binge-eating disorder on self-esteem improvement: Meta-analysis**

*European Eating Disorders Review, 27:2 (2019)*

**The role of self-esteem in the treatment of patients with anorexia nervosa – A systematic review and meta-analysis**

*International Journal of Eating Disorders, 52:2 (2019)*

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## Forensic Psychiatry

Nothing new this issue.

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## Learning Disabilities

**Supporting people with intellectual disabilities in psychological therapies for depression: A qualitative analysis of supporters' experiences**

*Journal of Applied Research in Intellectual Disabilities, 32:2 (2019)*

**Access to mental health services: The experiences of people with intellectual disabilities**

*Journal of Applied Research in Intellectual Disabilities, 32:2 (2019)*

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## Occupational Therapy

**The experiences of mothers of children with autism spectrum disorder: Managing family routines and mothers' health and wellbeing**

*Australian Occupational Therapy Journal, 66:1 (2019)*

**Empowerment, self and engagement in day center occupations: A longitudinal study among people with long-term mental illness**

*Scandinavian Journal of Occupational Therapy, 26:1 (2019)*

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## Perinatal and Infant Mental Health

### **The impact of maternal prenatal and postnatal anxiety on children's emotional problems: a systematic review**

*European Child & Adolescent Psychiatry, 28:2 (2019)*

### **A systematic review of interventions for healthcare professionals to improve screening and referral for perinatal mood and anxiety disorders**

*Archives of Women's Mental Health, 22:1 (2019)*

### **The effectiveness of exercise-based interventions for preventing or treating postpartum depression: a systematic review and meta-analysis**

*Archives of Women's Mental Health, 22:1 (2019)*

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## Personality Disorders

### **Long-term clinical and functional course of borderline personality disorder: A meta-analysis of prospective studies**

*European Psychiatry, Volume 56 (2019)*

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## Psychology and Psychotherapy

### **An Internet-Based Compassion-Focused Intervention for Increased Self-Criticism: A Randomized Controlled Trial**

*Behavior Therapy, 50:2 (2019)*

### **The stigmatization of non-suicidal self-injury**

*Journal of clinical Psychology, 75:3 (2019)*

### **Increasing intolerance of uncertainty over time: the potential influence of increasing connectivity**

*Cognitive Behaviour Therapy, 48:2 (2019)*

### **Predictors of lower-than-expected posttraumatic symptom severity in war veterans: The influence of personality, self-reported trait resilience, and psychological flexibility**

*Behaviour Research and Therapy, Volume 113 (2019)*

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## Psychopharmacology

### **Does the frequency of administration of long acting injectable antipsychotics impact psychiatric outcomes and adverse effects: A systematic review and meta-analysis**

*Journal of Psychiatric Research, Volume 109 (2019)*

### **Lithium treatment for unipolar major depressive disorder: Systematic review**

*Journal of Psychopharmacology, 33:2 (2019)*

### **Tamoxifen for bipolar disorder: Systematic review and meta-analysis**

*Journal of Psychopharmacology, 33:2 (2019)*

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## Schizophrenia/Psychosis

## **A Longitudinal Study of Illness Awareness in Older Adults With Schizophrenia**

*The American Journal of Geriatric Psychiatry, 27:2 (2019)*

## **Patient-Informed Treatment Development of Behavioral Smoking Cessation for People With Schizophrenia**

*Behavior Therapy, 50:2 (2019)*

## **Attenuated psychotic symptom interventions in youth at risk of psychosis: A systematic review and meta-analysis**

*Early Intervention In Psychiatry, 13:1 (2019)*

## **Delays and barriers to the commencement of clozapine in eligible people with a psychotic disorder: A literature review**

*Early Intervention In Psychiatry, 13:1 (2019)*

## **Research and practice for ultra-high risk for psychosis: A national survey of early intervention in psychosis services in England**

*Early Intervention In Psychiatry, 13:1 (2019)*

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## **Self-harm and Suicide**

### **Patterns of self-harm methods over time and the association with methods used at repeat episodes of non-fatal self-harm and suicide: A systematic review**

*Journal of Affective Disorders, Volume 245 (2019)*

### **Accuracy of Clinician Predictions of Future Self-Harm: A Systematic Review and Meta-Analysis of Predictive Studies**

*Suicide and Life-Threatening Behavior, 49:1 (2019)*

### **Association of Psychotic Experiences With Subsequent Risk of Suicidal Ideation, Suicide Attempts, and Suicide Deaths: A Systematic Review and Meta-analysis of Longitudinal Population Studies**

*JAMA Psychiatry, 76:2 (2019)*

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## **Service Development and Delivery**

Nothing new this issue.

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## **Social Work**

Nothing new this issue.

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