

TOP 10 borrowed books

1. Oxford guide to low intensity CBT interventions
2. Introduction to systemic and family therapy: a user's guide
3. Narrative therapies with children and their families a practitioners guide to concepts and approaches
4. A clinician's brief guide to the Mental Health Act
5. ACT made simple: an easy-to-read primer on acceptance and commitment therapy
6. Attachment-focused family therapy workbook
7. Cognitive-behavioral treatment for generalized anxiety disorder from science to practice
8. Doing a literature review in health and social care a practical guide
9. Formulation in psychology and psychotherapy making sense of people's problems
10. Essentials of nursing research: appraising evidence for nursing practice

members

1703 NSFT staff are library members
1117 NSFT staff have an Athens account

website

1200+ visits
Most visited page: Journals

@ keeping up-to-date

550+ staff receive our Current Awareness Bulletin
942 table of Contents views on BrowZine

ebooks

1255 ebooks pages were read, the top five were:

1. The Maudsley prescribing guidelines in psychiatry
2. ACT made simple: an easy-to-read primer on Acceptance and Commitment Therapy
3. Understanding behaviour in dementia that challenges: a guide to assessment and treatment
4. Mentalization-based treatment for personality disorders: a practical guide
5. The space between: experience, context and process in the therapeutic relationship

articles

585 articles supplied to NSFT staff
1600+ articles downloaded by NSFT staff

book loans / renewals

1743 book loans / renewals to NSFT staff

