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Contents

News

Reports

NICE Guidelines

Research Articles

Addictions

ADHD/Autism

Anxiety Disorders

Child and Adolescent Mental Health

Dementia

Depressive Disorders

Dual Diagnosis

Eating Disorders

Forensic Psychiatry

Learning Disabilities

Occupational Therapy

Perinatal and Infant Mental Health

Personality Disorders

Psychology and Psychotherapy

Psychopharmacology

Schizophrenia/Psychosis

Service Development and Delivery

Self-harm and Suicide

Social Work

News Headlines

Child mental health referrals up 26% in five years, says report

One in five police calls in Norfolk now involves mental health

The impact of mental health and physical treatments on wellbeing

Antidepressant withdrawal 'hits millions'

Cannabis 'more harmful than alcohol' for teen brains

Major changes needed to improve the care of older adults who self-harm

£2 million investment to help NHS achieve zero inpatient suicide ambition

NICE to issue second draft of depression guidelines due to out-of-date evidence

Reports

Access to children and young people's mental health services – 2018

Education Policy Institute, October 2018

What do we know about reducing loneliness?

What Works, Wellbeing, October 2018

The Lancet Commission on global mental health and sustainable development

The Lancet, October 2018

Progress of the Five Year Forward View for Mental Health: on the road to parity

All-Party Parliamentary Group on Mental Health, October 2018

Improving children and young people's mental health services

National Audit Office, October 2018

What could make a difference to the mental health of UK doctors? A review of the research evidence

Society of Occupational Medicine, October 2018

Mental wellbeing, reading and writing: how children and young people's mental wellbeing is related to their reading and writing experiences

National Literacy Trust, September 2018

Be the change: ensuring an effective response to all in psychiatric emergency equal to medical care

NHS Clinical Commissioners, October 2018

Severe mental illness (SMI) and physical health inequalities

Public Health England, September 2018

NICE Guidelines

Decision-making and mental capacity

NICE Guideline (NG108), October 2018

Research Articles

Addictions

Metacognitive beliefs in addictive behaviours: A systematic review

Addictive Behaviors, 85 (2018)

Computer Gaming Disorder and ADHD in Young Children—a Population-Based Study

International Journal of Mental Health and Addiction, 16:5 (2018)

Flavored E-cigarette Use and Cigarette Smoking Reduction and Cessation—A Large National Study among Young Adult Smokers

Substance Use and Misuse, 53:12 (2018)

Physical Activity Interventions to Decrease Substance Use in Youth: A Review of the Literature

Substance Use and Misuse, 53:12 (2018)

[Return to the top](#)

ADHD/Autism

Staff awareness training: improving knowledge and confidence of autism spectrum disorders and intellectual disabilities in a locked rehabilitation unit

Advances in Autism, 4:3 (2018)

A systematic review of quality of life of adults on the autism spectrum

Autism, 22:7 (2018)

Emotion awareness and cognitive behavioural therapy in young people with autism spectrum disorder

Autism, 22:7 (2018)

Risk Factors for Self-injurious Behavior in an Inpatient Psychiatric Sample of Children with Autism Spectrum Disorder: A Naturalistic Observation Study

Journal of Autism and Developmental Disorders, 48:11 (2018)

Autism Diagnosis in the United Kingdom: Perspectives of Autistic Adults, Parents and Professionals

Journal of Autism and Developmental Disorders, 48:11 (2018)

[Return to the top](#)

Anxiety Disorders

The effects of psychosocial interventions on death anxiety: A meta-analysis and systematic review of randomised controlled trials

Journal of Anxiety Disorders, Volume 59 (2018)

Neuroscientifically Informed Formulation and Treatment Planning for Patients With Obsessive-Compulsive Disorder: A Review

JAMA Psychiatry, 75:10 (2018)

[Return to the top](#)

Child and Adolescent Mental Health

Mindfulness-based group therapy: Impact on psychiatrically hospitalized adolescents

Clinical Child Psychology and Psychiatry, 23:4 (2018)

Conduct problems trajectories and psychosocial outcomes: a systematic review and meta-analysis

European Child & Adolescent Psychiatry, 27:10 (2018)

The importance of adoption of formal client feedback in therapy: a narrative review

Journal of Family Therapy, 40:4 (2018)

Involving relatives in emergency psychiatry: an observational patient-control study in a crisis resolution and home treatment team

Journal of Family Therapy, 40:4 (2018)

Pathways to mental health services for young people: a systematic review

Social Psychiatry and Psychiatric Epidemiology, 53:10 (2018)

Care-planning and decision-making for youth with mental health needs in the foster care system

Archives of Psychiatric Nursing, 32:5 (2018)

[Return to the top](#)

Dementia

Revision of assessment toolkits for improving the diagnosis of Lewy body dementia: The DIAMOND Lewy study

International Journal of Geriatric Psychiatry, 33:10 (2018)

Course of neuropsychiatric symptoms in dementia: 5-year longitudinal study

International Journal of Geriatric Psychiatry, 33:10 (2018)

[Return to the top](#)

Depressive Disorders

What are the effects of preventative interventions on major depressive disorder (MDD) in young adults? A systematic review and meta-analysis of randomized controlled trials

Journal of Affective Disorders, Volume 239 (2018)

Effects of Physical Exercise on Depressive Symptoms in Patients With Cognitive Impairment: A Systematic Review and Meta-Analysis

The Journal of Nervous and Mental Disease, 206:10 (2018)

Statins and cognition in late-life bipolar disorder

International Journal of Geriatric Psychiatry, 33:10 (2018)

Longitudinal Associations Between Cognitive Functioning and Depressive Symptoms Among Older Adult Spouses in the Cardiovascular Health Study

The American Journal of Geriatric Psychiatry, 26:10 (2018)

[Return to the top](#)

Dual Diagnosis

Nothing new this issue.

[Return to the top](#)

Eating Disorders

Does continuing family-based treatment for adolescent anorexia nervosa improve outcomes in those not remitted after 20 sessions?

Clinical Child Psychology and Psychiatry, 23:4 (2018)

[Return to the top](#)

Forensic Psychiatry

Exploring forensic environments: how do environmental factors influence individual outcomes for residents and staff? A systematic review

Mental Health and Social Inclusion, 22:4 (2018)

A randomised controlled trial of a cognitive skills programme for offenders with mental illness

Criminal Behaviour and Mental Health, 28:4 (2018)

Psychopathy, the Big Five and empathy as predictors of violence in a forensic sample of substance abusers

Journal of Forensic Psychiatry & Psychology, 29:6 (2018)

[Return to the top](#)

Learning Disabilities

Reflections on introducing a Leavers' Preparation Group in an intellectual disability secure service

Journal of Intellectual Disabilities and offending Behaviour, 9:2 (2018)

Improving Mental Health Outcomes for Individuals With Intellectual Disability Through the Iowa START (I-START) Program

Journal of Mental Health Research in Intellectual Disabilities, 11:4 (2018)

[Return to the top](#)

Occupational Therapy

Economic evaluations of occupational therapy approaches for people with cognitive and/or functional decline: A systematic review

Health and Social Care in the Community, 26:5 (2018)

Embracing Cultural Diversity: Meaningful Engagement for Older Adults With Advanced Dementia in a Residential Care Setting

American Journal of Occupational Therapy, 72:6 (2018)

Technology use to improve everyday occupations in older persons with mild dementia or mild cognitive impairment: A scoping review

British Journal of Occupational Therapy, 81:10 (2018)

[Return to the top](#)

Perinatal and Infant Mental Health

The association between maternal-fetal bonding and prenatal anxiety: An explanatory analysis and systematic review

Journal of Affective Disorders, Volume 239 (2018)

A systematic review of psychological treatments for clinical anxiety during the perinatal period

Archives of Women's Mental Health, 21:5 (2018)

Effectiveness of self-help psychological interventions for treating and preventing postpartum depression: a meta-analysis

Archives of Women's Mental Health, 21:5 (2018)

Comparative effects of antidepressant medications and untreated major depression on pregnancy outcomes: a systematic review

Archives of Women's Mental Health, 21:5 (2018)

Psychological Interventions in Perinatal Community Mental Health Teams in the United Kingdom

Journal of Prenatal and Perinatal Psychology and Health, 33:1 (2018)

[Return to the top](#)

Personality Disorders

Schema therapy for personality disorders in older adults: a multiple-baseline study

Aging and mental Health, 22:6 (2018)

Lower self-positivity and its association with self-esteem in women with borderline personality disorder

Behaviour Research and Therapy, Volume 109 (2018)

[Return to the top](#)

Psychology and Psychotherapy

Negative effects of psychotherapies for adult depression: A meta-analysis of deterioration rates

Journal of Affective Disorders, Volume 239 (2018)

Nursing staff-led behavioural group intervention in psychiatric in-patient care: Patient and staff experiences

International Journal of Mental Health Nursing, 27:5 (2018)

Putting the C into CBT: Cognitive challenging with adults with mild to moderate intellectual disabilities and anxiety disorders

Clinical Psychology and Psychotherapy, 25:5 (2018)

[Return to the top](#)

Psychopharmacology

The Effects of Long-Acting Stimulant and Nonstimulant Medications in Children and Adolescents with Attention-Deficit/Hyperactivity Disorder: A Meta-Analysis of Randomized Controlled Trials

Journal of Child and Adolescent Psychopharmacology, 28:8 (2018)

Medication Adherence Among Children and Adolescents with Severe Mental Illness: A Systematic Review and Meta-Analysis

Journal of Child and Adolescent Psychopharmacology, 28:8 (2018)

[Return to the top](#)

Schizophrenia/Psychosis

Young people's experiences of Social Recovery Cognitive Behavioural Therapy and treatment as usual in the PRODIGY trial

Early Intervention In Psychiatry, 12:5 (2018)

Effectiveness of Integrated Neurocognitive Therapy on Cognitive Impairment and Functional Outcome for Schizophrenia Outpatients

Schizophrenia Research and Treatment, Oct 2018

[Return to the top](#)

Self-harm and Suicide

Prevalence and Characteristics of Self-Harm in Adolescents: Meta-Analyses of Community-Based Studies 1990–2015

Journal of the American Academy of Child & Adolescent Psychiatry, 57:10 (2018)

Independent Effects of Mental Disorders on Suicidal Behavior in the Community

Suicide and Life-Threatening Behavior, 48:5 (2018)

Self-harm in a primary care cohort of older people: incidence, clinical management, and risk of suicide and other causes of death

The Lancet Psychiatry, Published 15 October 2018

[Return to the top](#)

Service Development and Delivery

Impact of Online Weight Management With Peer Coaching on Physical Activity Levels of Adults With Serious Mental Illness

Psychiatric Services, 69:10 (2018)

An evaluation of service use outcomes in a Recovery College

Journal of Mental Health, 27:4 (2018)

Making peer-focused self-management programmes work in public mental health

The Journal of Mental Health Training, Education and Practice, 13:5 (2018)

[Return to the top](#)

Social Work

Nothing new this issue.

[Return to the top](#)

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